

September 23, 2021



Yard Sale



St. Stephen the Martyr Anglican Church

Corner of Leslie Ave. and Arundel St.

Saturday, September 25, 2021

9:00 a.m. to 1:00 p.m.

Household and miscellaneous items



Bake table



Hamper raffle



Hot dogs & Smokies





Introducing: Connect & Share

Good company is just a click away!

Wouldn't it be wonderful to meet someone new and feel the pleasure of talking with someone who is truly interested in you? We've got a program that can make that happen!

People continue to feel isolated right now because of COVID-19 keeping so many away from their families and friends as we all try to stay safe. Being lonely isn't good for your mental health and it can even affect your physical health.

That's why we've created **Connect & Share**.

Here's how it works:

- If you are interested, we can match you with a volunteer. That person can become your "virtual" buddy who will visit with you – just for the fun of it.
- You can have phone visits or you can have online calls using a platform like Zoom, so you will remain safe at home.
- Your virtual visits would last about 30 to 60 minutes per call.
- You can connect with your buddy weekly or maybe more or less often - as much as you and your buddy would like.

To learn more about this program or put in a request to join, please contact us:

Thunder Bay - Todd Kennedy tkennedy@marchofdimes.ca - 807-355-1631

Presented by





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